OPENING HOURS

MONDAY	**8:00 AM – 9:00 PM** (shared sauna from 2:00 PM)
TUESDAY	**6:00 AM – 9:00 PM** (from 10:00 AM for men, from 6:30 PM shared sauna)
WEDNESDAY	**8:00 AM – 9:00 PM** (shared sauna from 2:00 PM)
THURSDAY	**6:00 AM – 9:00 PM** (from 10:00 AM for women, from 6:30 PM share sauna)
FRIDAY	**10:00 AM – 9:00 PM** (shared sauna from 2:00 PM)
SATURDAY	**10:00 AM – 9:00 PM** (shared sauna from 10:00 AM)
SUNDAY	**10:00 AM – 9:00 PM** (shared sauna from 10:00 AM)

ADMISSION

- 1 HOUR
- 1,5 HOURS
- 2 HOURS
- 3 HOURS
- ALL DAY

The prices are lower in the morning (until 1:00 PM), on weekdays or if you buy a customer card, or family tickets.

INSTRUCTIONS

Chip for clothes lockers can also be used for buying refreshment that is located upstairs. Price with wellness is 30 crowns higher. The price with wellness includes a sheet or a towel. If you go to the wellness, fitness, massages and solarium you have to go to the end of changing rooms, there is a grey door, go through this door and upstairs.

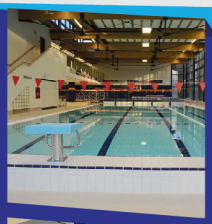
For massages and experience baths, reservation is required at least one day in advance. You can also book fitness or swimming pool and gym.

Hornická 1495, Nové Město na Moravě
+420 727 950 663
info@lazne.nmnm.cz

NM NM MĚSTSKÉ LÁZNĚ

- SWIMMING POOL
- WELLNESS
- MASSAGE
- FITNESS
- REFRESHMENT
- EXPERIENCE BATHS

www.lazne.nmnm.cz

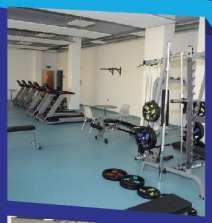


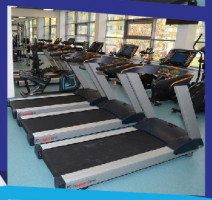
SWIMMING POOL

- swimming pool 25 m
- relaxing pool
- whirlpool
- children's pool
- outdoor terrace

REFRESHMENT

- hot & cold drinks
- refreshment
- sweets
- sports nutrition
- chip payment





FITNESS

- treadmills
- cycling trainers
- elliptical trainers
- rowing trainers
- fitness benches

SOLARIUM

- delivering of vitamin D
- preparing for the sea or the mountains

EXPERIENCE BATHS

- bath of rose
- chocolate bath
- beer bath
- peat bath
- cannabis bath

MASSAGE

- relaxing massage
- sports massage
- beer bath
- massage with lavender stones or hot shells

WELLNESS

- Finnish, aroma & steam sauna
- Kneipps bath
- cooling buckets & pool
- rest room

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