OPENING HOURS

MONDAY

10:00 AM - 9:00 PM (shared sauna from 2:00 PM)

TUESDAY

6:00 AM - 9:00 PM

(from 10:00 AM for men. from 6:30 PM shared sauna)

WEDNESDAY

14:00 AM - 9:00 PM

THURSDAY

(shared sauna from 2:00 PM) 6:00 AM - 9:00 PM

(from 10:00 AM for women, from 6:30 PM share sauna)

FRIDAY

10:00 AM - 9:00 PM

SATURDAY

(shared sauna from 2:00 PM) 10:00 AM - 9:00 PM

SUNDAY

(shared sauna from 10:00 AM)

10:00 AM - 9:00 PM (shared sauna from 10:00 AM)

ADMISSION

• 1 HOUR

• 1,5 HOURS

• 2 HOURS

• 3 HOURS

ALL DAY

The prices are lower in the morning (until 1:00 PM), on weekdays or if you buy a customer card, or family

tickets.

INSTRUCTIONS

Chip for clothes lockers can also be used for buying refreshment that is located upstairs. Price with wellness is 30 crowns higher. The price with wellness includes a sheet or a towel. If you go to the wellness, fitness, massages and solarium you have to go to the end of changing rooms, there is a grey door, go through this door and upstairs.

For massages and experience baths, reservation is required at least one day in advance. You can also book fitness or swimming pool and gym.



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NM MESTS NM LÁZNĚ MĚSTSKÉ



SWIMMING POOL



WELLNESS



MASSAGE



FITNESS



REFRESHMENT



EXPERIENCE BATHS



TRAINING HALL & SPORTS HALL



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SWIMMING POOL

- swimming pool 25 m
- relaxing pool
- whirlpool
- children's pool
- outdoor terrace



EXPERIENCE BATHS

- bath of rose
- chocolate bath
- beer bath
- peat bath
- cannabis bath



REFRESHMENT

- hot & cold drinks
- refreshment
- sweets
- sports nutrition
- chip payment



MASSAGE

- Ayurvedic, relaxing & sports massage
- beer bath
- massage with lavender stones or hot shells



FITNESS

- treadmills
- cycling trainers
- elliptical trainers
- rowing trainers
- fitness benches



WELLNESS

- Finnish, aroma & steam sauna
- Kneipps bath
- cooling buckets & pool
- rest room



SOLARIUM

- delivering of vitamin D
- preparing for the sea or the mountains



TRAINING HALL & SPORTS HALL

- three volleyball courts
- climbing wall

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